

**A river runs through it 200 km**

April 20 2013

Organizer- Bob Boonstra

Start/Finish GatewayTravel Centre, Kamloops

Dist.(cum.)	Turn	Direction	Route Description	Dist.(int.)
0.0			<b>Gateway Travel Centre, Kokanee Way</b>	
0.0	R	S	Kokanee Way	0.1
0.1	R	W	Onramp to Hwy 1 West	13.0
13.1	BR	W	To City Center	0.9
14.0	BR	W	Battle Street	0.7
14.7	R	N	10th st (underpass)	0.1
14.8	L	W	Lorne Street (Mark Recchi Way)	1.8
16.6	R	NW	Riverside Park West	0.2
16.8	ST	W	Through parking lot to bike path	0.7
17.5	R	N	Cross river on bike lane	0.4
17.9	L	W	Rivers Trail North	0.3
18.2	R	N	Beach	0.3
18.5	BL	W	Schubert	3.2
21.7	ST	W	Past barricade to bike path	0.9
22.6	L	SW	Walkem	0.2
22.8	R	N	Westsyde Road	38.5
61.3			<b>CONTROL # 1 Mclure Ferry</b>	
61.3	ST	E	Mclure ferry road to Hwy 5	2.1
63.4	R	S	Hwy 5	42.6
106.0	L	E	Shuswap Road	3.6
109.6			<b>CONTROL # 2 Answer question on control card</b>	
109.6	ST	E	Shuswap Road	14.1
123.7	R	S	Lafarge Road (cross river)	0.9
124.6	ST	S	Overpass over Hwy 1	0.1
124.7	L	E	Dallas Drive	6.3
131.0	L	N	To Hwy 1 East	0.1
131.1	R	E	Onramp to Hwy 1 East	28.2
159.3	L	N	VLA Road (at corn farm sign)	3.8
163.1	ST	E	Cross Aylmer (VLA becomes 3rd St)	0.6
163.7	R	S	Pine Street	0.2
163.7			<b>CONTROL # 3 Chase Grocery</b>	
163.7	ST	S	Pine Street	0.3
164.0	R	W	Shuswap Avenue	1.6
165.6	ST	W	Onto Hwy 1 West	39.1
204.7	BR	W	Exit 388 to Kokanee Way	0.4
205.1	R	N	Kokanee Way	0.2
205.3	L	W	To Gateway Shell	0.1
205.4			<b>FINISH CONTROL GATEWAY TRAVEL CENTRE</b>	
205.4			IN CASE OF ABANDONMENT OR EMERGENCY Phone 250-828-2869	

BL=BEAR LEFT BR=BEAR RIGHT ST=STRAIGHT CO=CONTINUE T=TURN