

Start - Britannia Community Centre parking lot				
At	Turn	Dir	7:00 AM to 8:00 AM	Go
0.0	L	w	alley	0.1
0.1	R	n	McLean	0.2
0.3	L	w	Adanac	0.3
0.6	L/R	s/w	Vernon/Union	1.5
2.1	BL	w	Georgia Viaduct/Dunsmuir/Melville	2.5
4.6	L	w	West Pender	0.3
4.9	BR	w	West Georgia	0.9
5.8	BL	w/n	sidewalk over Lion's Gate Bridge	3.8
9.6	BR	ne/n	follow bike route signs as if to West Vancouver	0.2
9.8	R	w	path under bridge toward mall / Wardance Street	0.5
10.3	R	n	Taylor Way (11% grade)	1.3
11.6	L	w	Hwy 99	88.4
100.0			Control - Garibaldi Lake Road 9:46 AM to 1:40 PM	0
100.0	U	s	Hwy 99	88.4
188.4	R	s	Taylor Way (CAUTION: steep downhill)	1.3
189.7	L	e	Wardance Street	0.4
190.1	L	n	paved path to Lion's Gate Bridge	0.1
190.2	R	s	Lion's Gate Bridge	3.8
194.0	C	e	West Georgia	0.9
194.9	L/R	s/e	West Pender (follow bike route)	1.1
196.0	R	s	Hornby (bike lane)	0.2
196.2	L	e	Dunsmuir & across viaduct (bike lane)	1.5
197.7	C	e	Union / Adanac Bike route	2.1
199.8	R	s	Commercial Drive	0.2

200.0			Finish - Zawa Restaurant - 920 Commercial Dr	
			12:53 PM to 8:30 PM	