

T L: left, R: Right, U: turn around				T L: left, R: Right, U: turn around				
u SO: straight, same road name				u SO: straight, same road name				
r CO: straight, new road name				r CO: straight, new road name				
at km	from Last	n	then Go	at km	from Last	n	then Go	
START: FORT ST - Christie's				START: FORT ST - Christie's				
0.0	0.0	x-x	Pub	0.7				
				0.0	0.0	x-x	Pub	
							0.7	
0.7	0.7	CO	CADBORO BAY - Fort becomes Cadboro Bay	0.7	0.7	CO	CADBORO BAY - Fort becomes Cadboro Bay	
1.4	1.4	R	BOWKER AVE	0.6	1.4	1.4	R	BOWKER AVE
2.0	2.0	L	BEACH DR	1.2	2.0	2.0	L	BEACH DR
3.1	3.1	R	SCENIC LOOP - Cattle Point	0.6	3.1	3.1	R	SCENIC LOOP - Cattle Point
3.7	3.7	R	BEACH DRIVE	2.7	3.7	3.7	R	BEACH DRIVE
6.4	6.4	L	SINCLAIR RD - Cadboro Bay village lights	0.1	6.4	6.4	L	SINCLAIR RD - Cadboro Bay village lights
6.5	6.5	R	HOBBS ST - 1st right	0.6	6.5	6.5	R	HOBBS ST - 1st right
7.1	7.1	L	ARBUTUS RD	0.9	7.1	7.1	L	ARBUTUS RD
8.0	8.0	R	ARBUTUS RD - at Finnerty	1.1	8.0	8.0	R	ARBUTUS RD - at Finnerty
9.1	9.1	R	GORDON HEAD RD	0.2	9.1	9.1	R	GORDON HEAD RD
9.3	9.3	L	FERNDAL RD	0.5	9.3	9.3	L	FERNDAL RD
9.8	9.8	R	FERNDAL RD - 3rd right	0.4	9.8	9.8	R	FERNDAL RD - 3rd right
10.2	10.2	R	FERNDAL - follow bike route	0.9	10.2	10.2	R	FERNDAL - follow bike route
11.1	11.1	R	BARRIE RD	0.4	11.1	11.1	R	BARRIE RD
11.4	11.4	L	TORQUAY DR	0.1	11.4	11.4	L	TORQUAY DR
11.5	11.5	R	ASH RD	1.1	11.5	11.5	R	ASH RD
12.7	12.7	R	CORDOVA BAY RD	1.9	12.7	12.7	R	CORDOVA BAY RD
14.5	14.5	R	CORDOVA BAY RD - 3rd right	3.9	14.5	14.5	R	CORDOVA BAY RD - 3rd right
18.4	18.4	R	FOWLER RD	0.8	18.4	18.4	R	FOWLER RD
19.3	19.3	R	HUNT RD	2.9	19.3	19.3	R	HUNT RD
22.2	22.2	L	MARTINDALE RD	1.3	22.2	22.2	L	MARTINDALE RD
23.4	23.4	R	LOCHSIDE DR	4.0	23.4	23.4	R	LOCHSIDE DR
CONTROL #01: SHELL STATION - cross Mt Newton X- Rd to Shell station				CONTROL #01: SHELL STATION - cross Mt Newton X- Rd to Shell station				
27.4	27.4	x-x		0.0	27.4	27.4	x-x	
								0.0
27.4	0.0	R	MT NEWTON X-RD - from Control, cross Hwy #17	0.5	27.4	0.0	R	MT NEWTON X-RD - from Control, cross Hwy #17
27.9	0.5	L	CENTRAL SAANICH RD	2.3	27.9	0.5	L	CENTRAL SAANICH RD
30.2	2.8	L	E SAANICH RD	0.1	30.2	2.8	L	E SAANICH RD
30.3	2.9	L	ISLAND VIEW RD	0.5	30.3	2.9	L	ISLAND VIEW RD
30.8	3.4	R	LOCHSIDE DR - after Hwy #17	4.8	30.8	3.4	R	LOCHSIDE DR - after Hwy #17
35.7	8.3	L	CORDOVA BAY RD	0.4	35.7	8.3	L	CORDOVA BAY RD
36.0	8.6	R	LOCHSIDE DR - to bike trail	6.8	36.0	8.6	R	LOCHSIDE DR - to bike trail
42.8	15.4	R	CEDAR HILL X-ROAD - yes, Right	0.1	42.8	15.4	R	CEDAR HILL X-ROAD - yes, Right
42.9	15.5	L	BORDEN - sharp left	0.1	42.9	15.5	L	BORDEN - sharp left
43.1	15.7	SO	BORDEN - cross McKenzie	0.5	43.1	15.7	SO	BORDEN - cross McKenzie
43.5	16.1	L	REYNOLDS RD	0.6	43.5	16.1	L	REYNOLDS RD
44.1	16.7	R	CEDAR HILL X-ROAD	1.8	44.1	16.7	R	CEDAR HILL X-ROAD
45.9	18.5	R	RICHMOND RD - after Shelbourne	3.6	45.9	18.5	R	RICHMOND RD - after Shelbourne
49.5	22.1	SO	RICHMOND RD - cross Fort St	0.2	49.5	22.1	SO	RICHMOND RD - cross Fort St
49.7	22.3	R	LEIGHTON RD	0.1	49.7	22.3	R	LEIGHTON RD
49.8	22.4	R	FORT ST	0.2	49.8	22.4	R	FORT ST
50.0	22.6	x-x	FINISH: CHRISTIE'S PUB	0.0	50.0	22.6	x-x	FINISH: CHRISTIE'S PUB