

at km	from Last	T u r n	Route	then Go	at km	from Last	T u r n	Route	then Go
0.0	0.0	x-x	CONTROL #09: START: START CONTROL - Alt. travel on Hwy 17 - use of on-off ramps o.k.	0.0	0.0	0.0	x-x	CONTROL #09: START: START CONTROL - Alt. travel on Hwy 17 - use of on-off ramps o.k.	0.0
0.0	0.0	SO	OAK BAY AVE	0.4	0.0	0.0	SO	OAK BAY AVE	0.4
0.4	0.4	L	FOUL BAY RD - at traffic lights - left turn lane	0.9	0.4	0.4	L	FOUL BAY RD - at traffic lights - left turn lane	0.9
1.3	1.3	L	RUNNEYMEAD	0.2	1.3	1.3	L	RUNNEYMEAD	0.2
1.5	1.5	R	MOUNT JOY	0.3	1.5	1.5	R	MOUNT JOY	0.3
1.8	1.8	L	BEACH DRIVE - at stop	0.5	1.8	1.8	L	BEACH DRIVE - at stop	0.5
2.3	2.3	L	BEACH DRIVE - at stop	5.2	2.3	2.3	L	BEACH DRIVE - at stop	5.2
7.5	7.5	R	CATTLE POINT SCENIC LOOP	0.5	7.5	7.5	R	CATTLE POINT SCENIC LOOP	0.5
8.0	8.0	R	BEACH DRIVE AT YIELD	2.1	8.0	8.0	R	BEACH DRIVE AT YIELD	2.1
10.1	10.1	VR	CADBORO BAY RD @ STOP	0.6	10.1	10.1	VR	CADBORO BAY RD @ STOP	0.6
10.7	10.7	SO	CADBORO BAY RD @ STOP	0.1	10.7	10.7	SO	CADBORO BAY RD @ STOP	0.1
10.8	10.8	SO	CADBORO BAY RD @ STOP	0.8	10.8	10.8	SO	CADBORO BAY RD @ STOP	0.8
11.6	11.6	VL	CADBORO BAY RD BC TELEGRAPH BAY RD AT CURVE	0.2	11.6	11.6	VL	CADBORO BAY RD BC TELEGRAPH BAY RD AT CURVE	0.2
11.8	11.8	SO	TELEGRAPH BAY RD @ 4-WAY STOP	0.3	11.8	11.8	SO	TELEGRAPH BAY RD @ 4-WAY STOP	0.3
12.1	12.1	L	QUEENSWOOD AVE @ INTERSECTION	0.9	12.1	12.1	L	QUEENSWOOD AVE @ INTERSECTION	0.9
13.0	13.0	SO	QUEENSWOOD AVE @INTERSECTION	0.9	13.0	13.0	SO	QUEENSWOOD AVE @INTERSECTION	0.9
13.9	13.9	R	ARBUTUS	0.9	13.9	13.9	R	ARBUTUS	0.9
14.8	14.8	R	FINNERTY (NO SIGN) @ FLASHING RED LIGHT	1.0	14.8	14.8	R	FINNERTY (NO SIGN) @ FLASHING RED LIGHT	1.0
15.8	15.8	R	GORDON HEAD RD @ STOP	0.3	15.8	15.8	R	GORDON HEAD RD @ STOP	0.3
16.1	16.1	VL	FERNDAL RD @ LEFT CURVE	0.5	16.1	16.1	VL	FERNDAL RD @ LEFT CURVE	0.5
16.6	16.6	R	FERNDAL RD	0.4	16.6	16.6	R	FERNDAL RD	0.4
17.0	17.0	L	FERNDAL RD - to stay on Ferndale	0.7	17.0	17.0	L	FERNDAL RD - to stay on Ferndale	0.7
17.7	17.7	L	TYNDALL	0.3	17.7	17.7	L	TYNDALL	0.3
18.0	18.0	R	ASH RD @ STOP - Danger! After flashing yellow light-steep downhill, X-traffic & deer!	1.4	18.0	18.0	R	ASH RD @ STOP - Danger! After flashing yellow light-steep downhill, X-traffic & deer!	1.4
19.4	19.4	R	CORDOVA BAY RD	1.9	19.4	19.4	R	CORDOVA BAY RD	1.9
21.3	21.3	R	CORDOVA BAY RD @ LIGHTS	3.5	21.3	21.3	R	CORDOVA BAY RD @ LIGHTS	3.5
24.8	24.8	SO	GO PAST MATTICK'S FARM - Coffee & WC available on right just before trafficl lights	0.2	24.8	24.8	SO	GO PAST MATTICK'S FARM - Coffee & WC available on right just before trafficl lights	0.2
25.0	25.0	VL	CORDOVA BAY RD - UPHILL - After traffic lights	0.2	25.0	25.0	VL	CORDOVA BAY RD - UPHILL - After traffic lights	0.2
25.2	25.2	SO	CORDOVA BAY RD BC FOWLER RD	0.7	25.2	25.2	SO	CORDOVA BAY RD BC FOWLER RD	0.7
25.9	25.9	VR	HUNT RD	1.5	25.9	25.9	VR	HUNT RD	1.5
27.4	27.4	SO	HUNT RD BC WELCH RD	1.5	27.4	27.4	SO	HUNT RD BC WELCH RD	1.5
28.9	28.9	L	MARTINDALE RD @ STOP	1.3	28.9	28.9	L	MARTINDALE RD @ STOP	1.3
30.2	30.2	R	LOCHSIDE DRIVE-TRAIL	1.3	30.2	30.2	R	LOCHSIDE DRIVE-TRAIL	1.3
31.5	31.5	L	ISLAND VIEW RD @ STOP	0.1	31.5	31.5	L	ISLAND VIEW RD @ STOP	0.1
31.6	31.6	SO	CROSS RTE 17 @ LIGHTS (UPHILL)	0.5	31.6	31.6	SO	CROSS RTE 17 @ LIGHTS (UPHILL)	0.5

T u r n					T u r n				
at km	from Last		Route	then Go	at km	from Last		Route	then Go
32.1	32.1	R	EAST SAANICH RD @ STOP (NO SIGN) - At flashing red light	0.1	32.1	32.1	R	EAST SAANICH RD @ STOP (NO SIGN) - At flashing red light	0.1
32.2	32.2	R	CENTRAL SAANICH RD - At flashing red light	2.3	32.2	32.2	R	CENTRAL SAANICH RD - At flashing red light	2.3
34.5	34.5	R	MT. NEWTON X RD @ STOP - FLASHING RED LIGHT	0.4	34.5	34.5	R	MT. NEWTON X RD @ STOP - FLASHING RED LIGHT	0.4
34.9	34.9	SO	CROSS RTE 17 @ LIGHTS	0.3	34.9	34.9	SO	CROSS RTE 17 @ LIGHTS	0.3
35.2	35.2	L	LOCHSIDE AVE @ STOP	4.1	35.2	35.2	L	LOCHSIDE AVE @ STOP	4.1
39.3	39.3	SO	ROUNDAABOUT AHEAD - Caution-traffic from the left! Cycle route on right o.k. alternative	0.1	39.3	39.3	SO	ROUNDAABOUT AHEAD - Caution-traffic from the left! Cycle route on right o.k. alternative	0.1
39.4	39.4	R	1ST EXIT - Toward Lochside N - Sidney	1.9	39.4	39.4	R	1ST EXIT - Toward Lochside N - Sidney	1.9
41.3	41.3	R	OCEAN AVE	0.3	41.3	41.3	R	OCEAN AVE	0.3
41.6	41.6	L	OCEAN AVE BECOMES FIRST AVE	0.5	41.6	41.6	L	OCEAN AVE BECOMES FIRST AVE	0.5
42.1	42.1	L	BEACON AVE @ ROUNDAABOUT - 3rd Exit	0.1	42.1	42.1	L	BEACON AVE @ ROUNDAABOUT - 3rd Exit	0.1
42.2	42.2	R	2ND ST @ STOP - Bakery & coffee shop on left	0.1	42.2	42.2	R	2ND ST @ STOP - Bakery & coffee shop on left	0.1
42.3	42.3	L	SIDNEY AVE - At Stop	0.1	42.3	42.3	L	SIDNEY AVE - At Stop	0.1
42.4	42.4	R	THIRD STREET	0.8	42.4	42.4	R	THIRD STREET	0.8
43.2	43.2	L	MALAVIEW AVE @ BC FERRIES SIGN	0.3	43.2	43.2	L	MALAVIEW AVE @ BC FERRIES SIGN	0.3
43.5	43.5	R	RESTHAVEN DR	1.7	43.5	43.5	R	RESTHAVEN DR	1.7
45.2	45.2	R	MCDONALD PARK RD	1.4	45.2	45.2	R	MCDONALD PARK RD	1.4
46.6	46.6	R	ROUTE 17 N - Lochside Bike trail just before Route 17 N is o.k. alternative	0.8	46.6	46.6	R	ROUTE 17 N - Lochside Bike trail just before Route 17 N is o.k. alternative	0.8
47.4	47.4	R	BIKE RTE AT YELLOW GATE - Lochside Bike trail	0.5	47.4	47.4	R	BIKE RTE AT YELLOW GATE - Lochside Bike trail	0.5
47.9	47.9	SO	BIKE RTE BC CURTEIS RD @ STOP - Cross Tryon Rd.	0.1	47.9	47.9	SO	BIKE RTE BC CURTEIS RD @ STOP - Cross Tryon Rd.	0.1
48.0	48.0	L	KITTIWAKE PL @ TOP OF HILL	0.2	48.0	48.0	L	KITTIWAKE PL @ TOP OF HILL	0.2
48.2	48.2	SO	RIGHT LANE AFTER CROSSING LIGHTS	0.1	48.2	48.2	SO	RIGHT LANE AFTER CROSSING LIGHTS	0.1
48.3	48.3	R	TOWARDS PARKING-PASSENGERS	0.1	48.3	48.3	R	TOWARDS PARKING-PASSENGERS	0.1
48.4	48.4	SO	FOLLOW SIGN TO PASSENGER DROPOFF	0.4	48.4	48.4	SO	FOLLOW SIGN TO PASSENGER DROPOFF	0.4
48.8	48.8	x-x	CONTROL #10: CONTROL - BC FERRIES TERMINAL - OBTAIN SIGNATURE FROM TICKET AGENT OR RECEIPT FROM SHORT TERM PARKING (PAY HERE)	0.0	48.8	48.8	x-x	CONTROL #10: CONTROL - BC FERRIES TERMINAL - OBTAIN SIGNATURE FROM TICKET AGENT OR RECEIPT FROM SHORT TERM PARKING (PAY HERE)	0.0
48.8	0.0	L	FOLLOW SIGNS TO VICTORIA-HWY 17S EXIT	0.5	48.8	0.0	L	FOLLOW SIGNS TO VICTORIA-HWY 17S EXIT	0.5
49.3	0.5	R	AT STOP SIGN-YIELD LANE	0.2	49.3	0.5	R	AT STOP SIGN-YIELD LANE	0.2
49.5	0.7	R	LANDS END RD @ LIGHTS	6.9	49.5	0.7	R	LANDS END RD @ LIGHTS	6.9
56.4	7.6	SO	LANDS END RD BC CHALET RD	1.0	56.4	7.6	SO	LANDS END RD BC CHALET RD	1.0
57.4	8.6	R	BIRCH RD	1.8	57.4	8.6	R	BIRCH RD	1.8
59.2	10.4	SO	MADRONA DRIVE SOUTH	0.2	59.2	10.4	SO	MADRONA DRIVE SOUTH	0.2

at km	from Last	T u r n	Route	then Go	at km	from Last	T u r n	Route	then Go
59.4	10.6	L	NORRIS RD	0.6	59.4	10.6	L	NORRIS RD	0.6
60.0	11.2	L	DERRICK RD @ STOP	0.2	60.0	11.2	L	DERRICK RD @ STOP	0.2
60.2	11.4	SO	CROSS DOWNEY RD - At Stop	0.4	60.2	11.4	SO	CROSS DOWNEY RD - At Stop	0.4
60.6	11.8	R	WAIN RD - At Stop	1.0	60.6	11.8	R	WAIN RD - At Stop	1.0
61.6	12.8	R	WEST SAANICH RD @ STOP	3.2	61.6	12.8	R	WEST SAANICH RD @ STOP	3.2
64.8	16.0	L	WILLINGDON RD - Caution- oncoming traffic -just after rest stop on right	2.0	64.8	16.0	L	WILLINGDON RD - Caution- oncoming traffic -just after rest stop on right	2.0
66.8	18.0	SO	1ST EXIT - Continue on Willingdon Rd	1.0	66.8	18.0	SO	1ST EXIT - Continue on Willingdon Rd	1.0
67.8	19.0	R	1ST EXIT - EAST SAANICH RD - uphill - continue to Shell Station in Saanichton	4.6	67.8	19.0	R	1ST EXIT - EAST SAANICH RD - uphill - continue to Shell Station in Saanichton	4.6
72.4	23.6	x-x	CONTROL #11: CONTROL - SHELL STATION-COFFEE SHOP - Immediately after Stop - WC - Your choice	0.1	72.4	23.6	x-x	CONTROL #11: CONTROL - SHELL STATION-COFFEE SHOP - Immediately after Stop - WC - Your choice	0.1
72.5	0.1	L	WALLACE DRIVE - Thrifty Foodstore across street	3.6	72.5	0.1	L	WALLACE DRIVE - Thrifty Foodstore across street	3.6
76.1	3.7	SO	WALLACE DRIVE @ LIGHTS - Brentwood Bay Village - coffee shop on corner - Cross West Saanich Rd	2.1	76.1	3.7	SO	WALLACE DRIVE @ LIGHTS - Brentwood Bay Village - coffee shop on corner - Cross West Saanich Rd	2.1
78.2	5.8	SO	WALLACE DRIVE @ STOP	3.8	78.2	5.8	SO	WALLACE DRIVE @ STOP	3.8
82.0	9.6	R	WEST SAANICH RD @ STOP	3.5	82.0	9.6	R	WEST SAANICH RD @ STOP	3.5
85.5	13.1	R	INTERURBAN RD	3.9	85.5	13.1	R	INTERURBAN RD	3.9
89.4	17.0	x-x	CONTROL #12: CONTROL ON LEFT - YOUR CHOICE - 24 hr Mac's Convenience store with WC - just before traffic lights on Wilkinson Rd.	0.1	89.4	17.0	x-x	CONTROL #12: CONTROL ON LEFT - YOUR CHOICE - 24 hr Mac's Convenience store with WC - just before traffic lights on Wilkinson Rd.	0.1
89.5	0.1	U-R	RETURN NORTH ON INTERURBAN RD	3.8	89.5	0.1	U-R	RETURN NORTH ON INTERURBAN RD	3.8
93.3	3.9	L	WEST SAANICH RD @ LIGHTS	8.3	93.3	3.9	L	WEST SAANICH RD @ LIGHTS	8.3
101.6	12.2	R	WALLACE DRIVE - At Traffic Lights	3.6	101.6	12.2	R	WALLACE DRIVE - At Traffic Lights	3.6
105.2	15.8	x-x	CONTROL #13: CONTROL - SHELL STATION-COFFEE SHOP - Your Choice - WC	0.0	105.2	15.8	x-x	CONTROL #13: CONTROL - SHELL STATION-COFFEE SHOP - Your Choice - WC	0.0
105.2	0.0	R	CONTINUE A FEW METRES ON WALLACE DRIVE TO EAST SAANICH RD - at Stop	0.1	105.2	0.0	R	CONTINUE A FEW METRES ON WALLACE DRIVE TO EAST SAANICH RD - at Stop	0.1
105.3	0.1	L	EAST SAANICH RD - at Stop	4.6	105.3	0.1	L	EAST SAANICH RD - at Stop	4.6
109.9	4.7	L	ENTER ROUNDABOUT - Danger! Traffic from left!	0.1	109.9	4.7	L	ENTER ROUNDABOUT - Danger! Traffic from left!	0.1
110.0	4.8	R	TAKE 2ND EXIT FROM ROUNDABOUT - Entering Willingdon Rd	0.7	110.0	4.8	R	TAKE 2ND EXIT FROM ROUNDABOUT - Entering Willingdon Rd	0.7
110.7	5.5	SO	STAY ON WILLINGDON RD - PASS BY ENTRANCE TO AIRPORT	0.3	110.7	5.5	SO	STAY ON WILLINGDON RD - PASS BY ENTRANCE TO AIRPORT	0.3
111.0	5.8	SO	ENTER ROUNDABOUT	0.1	111.0	5.8	SO	ENTER ROUNDABOUT	0.1
111.1	5.9	SO	1ST EXIT FROM ROUNDABOUT - Stay on Willingdon Rd	1.9	111.1	5.9	SO	1ST EXIT FROM ROUNDABOUT - Stay on Willingdon Rd	1.9

T u r n					T u r n				
at km	from		Route	then Go	at km	from		Route	then Go
113.0	7.8	R	WEST SAANICH RD - At Stop - Rest Stop on left 100 metres north on W. Saanich Rd	3.5	113.0	7.8	R	WEST SAANICH RD - At Stop - Rest Stop on left 100 metres north on W. Saanich Rd	3.5
116.5	11.3	L	BIRCH RD	0.0	116.5	11.3	L	BIRCH RD	0.0
116.5	11.3	x-x	CONTROL #14: CONTROL - DEEP COVE COOP OR DEEP COVE MARKET - At intersection of Birch & W. Saanich - WC, etc. available	0.0	116.5	11.3	x-x	CONTROL #14: CONTROL - DEEP COVE COOP OR DEEP COVE MARKET - At intersection of Birch & W. Saanich - WC, etc. available	0.0
116.5	0.0	SO	BIRCH RD	0.9	116.5	0.0	SO	BIRCH RD	0.9
117.4	0.9	R	CHALET RD	1.9	117.4	0.9	R	CHALET RD	1.9
119.3	2.8	VR	CHALET RD BC LANDS END RD	6.0	119.3	2.8	VR	CHALET RD BC LANDS END RD	6.0
125.3	8.8	R	RTE 17 S=>VICTORIA @ LIGHTS (NO SIGN)	6.6	125.3	8.8	R	RTE 17 S=>VICTORIA @ LIGHTS (NO SIGN)	6.6
131.9	15.4	VR	EXIT 26 - TOWARD ROUNDABOUT	0.4	131.9	15.4	VR	EXIT 26 - TOWARD ROUNDABOUT	0.4
132.3	15.8	VR	ENTER ROUNDABOUT-TOWARD HWY 17-S - Caution - traffic from left	0.1	132.3	15.8	VR	ENTER ROUNDABOUT-TOWARD HWY 17-S - Caution - traffic from left	0.1
132.4	15.9	R	3RD EXIT FROM ROUNDABOUT TO HWY 17S - Caution - traffic!	0.2	132.4	15.9	R	3RD EXIT FROM ROUNDABOUT TO HWY 17S - Caution - traffic!	0.2
132.6	16.1	SO	ENTER HWY 17 S	13.2	132.6	16.1	SO	ENTER HWY 17 S	13.2
145.8	29.3	R	ELK LAKE DRIVE - at traffic lights	2.0	145.8	29.3	R	ELK LAKE DRIVE - at traffic lights	2.0
147.8	31.3	SO	CROSS ROYAL OAK AVE AT TRAFFIC LIGHTS	0.1	147.8	31.3	SO	CROSS ROYAL OAK AVE AT TRAFFIC LIGHTS	0.1
147.9	31.4	L	WEST SAANICH RD. AT TRAFFIC LIGHTS	0.6	147.9	31.4	L	WEST SAANICH RD. AT TRAFFIC LIGHTS	0.6
148.5	32.0	x-x	CONTROL #15: CONTROL - ROYAL OAK SHOPPING CENTRE - ON RIGHT- DANGER- HIGH SIDEWALK LIP -Your Choice - WC- Tim Hortons/McDonalds	0.1	148.5	32.0	x-x	CONTROL #15: CONTROL - ROYAL OAK SHOPPING CENTRE - ON RIGHT- DANGER- HIGH SIDEWALK LIP -Your Choice - WC- Tim Hortons/McDonalds	0.1
148.6	0.1	U-R	RETURN TO WEST SAANICH RD (SOUTH)	0.0	148.6	0.1	U-R	RETURN TO WEST SAANICH RD (SOUTH)	0.0
148.6	0.1	R	WEST SAANICH RD	0.4	148.6	0.1	R	WEST SAANICH RD	0.4
149.0	0.5	VL	WEST SAANICH BECOME QUADRA ST - At traffic lights-stay left	0.3	149.0	0.5	VL	WEST SAANICH BECOME QUADRA ST - At traffic lights-stay left	0.3
149.3	0.8	L	TOWARD HWY 17N - AT TRAFFIC LIGHTS - Left turn lane	0.5	149.3	0.8	L	TOWARD HWY 17N - AT TRAFFIC LIGHTS - Left turn lane	0.5
149.8	1.3	SO	ENTER HWY 17N	11.7	149.8	1.3	SO	ENTER HWY 17N	11.7
161.5	13.0	SO	MT. NEWTON X RD @ LIGHTS	4.1	161.5	13.0	SO	MT. NEWTON X RD @ LIGHTS	4.1
165.6	17.1	VR	EXIT 26 - TOWARD ROUNDABOUT - Danger! Traffic from left!	0.2	165.6	17.1	VR	EXIT 26 - TOWARD ROUNDABOUT - Danger! Traffic from left!	0.2
165.8	17.3	VL	ENTER ROUNDABOUT	0.1	165.8	17.3	VL	ENTER ROUNDABOUT	0.1
165.9	17.4	R	2ND EXIT TOWARDS HWY 17N	2.1	165.9	17.4	R	2ND EXIT TOWARDS HWY 17N	2.1
168.0	19.5	R	BEACON AVE	0.1	168.0	19.5	R	BEACON AVE	0.1
168.1	19.6	R	FIRST ACCESS STREET ON RIGHT - no name, but leads to Bevan Ave	0.2	168.1	19.6	R	FIRST ACCESS STREET ON RIGHT - no name, but leads to Bevan Ave	0.2

T u r n R o u t e				then Go	T u r n R o u t e				then Go
at km	from Last	n	Route		at km	from Last	n	Route	
168.3	19.8	x-x	CONTROL #16: CONTROL - DAIRY QUEEN ON RIGHT	0.0	168.3	19.8	x-x	CONTROL #16: CONTROL - DAIRY QUEEN ON RIGHT	0.0
168.3	0.0	SO	TURN RIGHT TO CONTINUE ON BEVAN AVE - East toward Lockside Ave.	0.2	168.3	0.0	SO	TURN RIGHT TO CONTINUE ON BEVAN AVE - East toward Lockside Ave.	0.2
168.5	0.2	R	LOCHSIDE - At 4-way Stop	1.9	168.5	0.2	R	LOCHSIDE - At 4-way Stop	1.9
170.4	2.1	L	BIKE ACCESS LANE - Use bike lane in centre of Lochside just before roundabout. DANGER - WATCH FOR ONCOMING TRAFFIC!!	0.5	170.4	2.1	L	BIKE ACCESS LANE - Use bike lane in centre of Lochside just before roundabout. DANGER - WATCH FOR ONCOMING TRAFFIC!!	0.5
170.9	2.6	L	LOCHSIDE - at Stop	4.1	170.9	2.6	L	LOCHSIDE - at Stop	4.1
175.0	6.7	R	MT. NEWTON X ROAD - At Stop	0.2	175.0	6.7	R	MT. NEWTON X ROAD - At Stop	0.2
175.2	6.9	L	CENTRE OF ROAD TOWARD LOCHSIDE BIKE TRAIL - On far side of entrance to McDonald's - Lochside Trail starts here	1.8	175.2	6.9	L	CENTRE OF ROAD TOWARD LOCHSIDE BIKE TRAIL - On far side of entrance to McDonald's - Lochside Trail starts here	1.8
177.0	8.7	SO	CONTINUE TO FOLLOW LOCHSIDE TRAIL - At Stop Sign - DANGER- Vehicles exiting from Hwy 17-Michell Farms-Portable Toilet on right	0.8	177.0	8.7	SO	CONTINUE TO FOLLOW LOCHSIDE TRAIL - At Stop Sign - DANGER- Vehicles exiting from Hwy 17-Michell Farms-Portable Toilet on right	0.8
177.8	9.5	SO	LOCHSIDE AVE - Cross Island View Rd at Stop	1.4	177.8	9.5	SO	LOCHSIDE AVE - Cross Island View Rd at Stop	1.4
179.2	10.9	L	MARTINDALE RD @ STOP (NO SIGN)	1.3	179.2	10.9	L	MARTINDALE RD @ STOP (NO SIGN)	1.3
180.5	12.2	R	WELCH RD	1.4	180.5	12.2	R	WELCH RD	1.4
181.9	13.6	SO	WELCH RD BC HUNT RD	1.5	181.9	13.6	SO	WELCH RD BC HUNT RD	1.5
183.4	15.1	L	FOWLER RD (DANGEROUS INTERSECTION)	0.8	183.4	15.1	L	FOWLER RD (DANGEROUS INTERSECTION)	0.8
184.2	15.9	SO	FOWLER RD BC CORDOVA BAY RD	0.4	184.2	15.9	SO	FOWLER RD BC CORDOVA BAY RD	0.4
184.6	16.3	R	LOCHSIDE DR - after lights	3.3	184.6	16.3	R	LOCHSIDE DR - after lights	3.3
187.9	19.6	L	ROYAL OAK AVE - at lights (trigger for cyclists)	0.7	187.9	19.6	L	ROYAL OAK AVE - at lights (trigger for cyclists)	0.7
188.6	20.3	SO	CORDOVA BAY RD - at lights	1.8	188.6	20.3	SO	CORDOVA BAY RD - at lights	1.8
190.4	22.1	L	ASH RD - Caution blind corner; left turn lane	0.6	190.4	22.1	L	ASH RD - Caution blind corner; left turn lane	0.6
191.0	22.7	R	MAJESTIC AVE - Bottom of hill	1.0	191.0	22.7	R	MAJESTIC AVE - Bottom of hill	1.0
192.0	23.7	L	KENMORE RD	0.9	192.0	23.7	L	KENMORE RD	0.9
192.9	24.6	R	TYNDALL	0.2	192.9	24.6	R	TYNDALL	0.2
193.1	24.8	R	SAN JUAN AVE	1.1	193.1	24.8	R	SAN JUAN AVE	1.1
194.2	25.9	SO	CROSS GORDON HEAD RD @ STOP	0.1	194.2	25.9	SO	CROSS GORDON HEAD RD @ STOP	0.1
194.3	26.0	R	ARBUTUS	1.0	194.3	26.0	R	ARBUTUS	1.0
195.3	27.0	VL	ARBUTUS @ STOP - Flashing light	0.8	195.3	27.0	VL	ARBUTUS @ STOP - Flashing light	0.8
196.1	27.8	R	HOBBS ST	0.4	196.1	27.8	R	HOBBS ST	0.4
196.5	28.2	L	PENRHYN ST	0.2	196.5	28.2	L	PENRHYN ST	0.2
196.7	28.4	R	CADBORO BAY RD - at Stop	0.1	196.7	28.4	R	CADBORO BAY RD - at Stop	0.1
196.8	28.5	SO	CADBOROA BAY RD @ STOP	0.6	196.8	28.5	SO	CADBOROA BAY RD @ STOP	0.6
197.4	29.1	VL	BEACH DR (2/3 WAY UP HILL - DANDEROUS INTERSECTION)	4.2	197.4	29.1	VL	BEACH DR (2/3 WAY UP HILL - DANDEROUS INTERSECTION)	4.2
201.6	33.3	R	BERESFORD PL	0.2	201.6	33.3	R	BERESFORD PL	0.2

T u r n					T u r n				
at km	from	Last	Route	then Go	at km	from	Last	Route	then Go
201.8	33.5	R	NEWPORT AVE @ STOP	0.5	201.8	33.5	R	NEWPORT AVE @ STOP	0.5
FINISH: FINISH CONTROL OAK					FINISH: FINISH CONTROL OAK				
BAY STARBUCKS 2182 OAK					BAY STARBUCKS 2182 OAK				
202.3	34.0	x-x	BAY AVE - Your Choice	0.0	202.3	34.0	x-x	BAY AVE - Your Choice	0.0