

at km	T u r n	Route	then Go
0.0	x-x	START: VICTORIA - STARBUCKS	0.0
0.0	R	WILSON	0.1
0.1	R	BAY	1.2
1.3	R	GOVERNMENT	0.3
1.6	R	PEMBROKE	0.2
1.8	L	STORE	0.5
2.3	SO	WHARF	0.7
3.0	R	GOVERNMENT (AT TOURIST INFO)	0.2
3.2	R	BELLEVILLE (AT LIGHTS)	0.5
3.7	SO	PENDRAY (AT LEFT BEND)	0.1
3.8	SO	QUEBEC (AT RIGHT BEND)	0.1
3.9	SO	MONTREAL (AT LEFT BEND)	0.1
4.0	SO	KINGSTON (AT RIGHT BEND)	0.2
4.2	SO	ST. LAWRENCE (AT LEFT BEND)	0.2
4.4	R	ERIE (AT RIGHT BEND)	0.2
4.6	L	DALLAS (AT LEFT BEND)	4.8
9.4	R	HOLLYWOOD (AFTER CAUSEWAY)	0.1
9.5	L	HOLLYWOOD	0.6
10.1	SO	ROBERTSON	0.1
10.2	R	ROSS (AT STOP SIGN)	0.1
10.3	SO	CRESCENT	0.5
10.8	L	KING GEORGE (UP HILL)	1.0
11.8	R	BEACH	7.6
19.4	R	CADBORO BAY	1.7
21.1	SO	CROSS ARBUTUS @ 4-WAY	0.0
21.1	SO	TELEGRAPH BAY	0.3
21.4	L	QUEENSWOOD (FIRST LEFT)	1.7
23.1	R	ARBUTUS (AT STOP SIGN)	0.9
24.0	R	ARBUTUS (AT FINNERTY)	1.1
25.1	R	GORDON HEAD (AT T)	0.3
25.4	L	FERNDALE (AT LEFT BEND)	0.4
25.8	SO	GRANDVIEW (NO TURN ONTO FERNDALE)	1.0
26.8	SO	ASH (AT TYNDALL)	1.5
28.3	R	CORDOVA BAY (AT T)	1.9
30.2	R	CORDOVA BAY (AT BLENKINSOP LIGHTS)	3.9
34.1	SO	FOWLER (AT LITTLE HILL)	0.8
34.9	R	HUNT (AFTER GOLF COURSE)	1.7
36.6	SO	WELCH (AT DOOLEY)	1.2
37.8	L	MARTINDALE (AT STOP SIGN)	1.3

39.1	R	LOCHSIDE (FIRST RIGHT)	1.3
40.4	L	ISLAND VIEW (STOP SIGN)	0.1
40.5	SO	CROSS PAT BAY HWY (ROUTE 17)	0.4
40.9	R	EAST SAANICH (AT STOP SIGN)	0.1
41.0	R	CENTRAL SAANICH (FIRST RIGHT)	2.5
43.5	R	MOUNT NEWTON CROSS (STOP)	0.4
43.9	SO	CROSS PAT BAY HWY (ROUTE 17)	0.3
44.2	L	LOCHSIDE (FIRST LEFT)	5.7
49.9	SO	FIFTH (AT PARK)	0.9
50.8	L	BEACON (AT LIGHTS)	0.2
51.0	x-x	CONTROL #01: SIDNEY (STAFFED)	0.0
51.0	R	RESTHAVEN @ 7-11	2.6
53.6	R	MACDONALD PARK (AT T)	1.4
55.0	R	PAT BAY HIGHWAY (HWY #17)	1.2
56.2	R	OFFRAMP TO LAND'S END	0.1
56.3	L	LAND'S END (LIGHTS)	0.1
56.4	SO	CROSS PAT BAY HWY (ROUTE 17)	6.1
62.5	SO	CHALET (AT MOSES PT)	1.8
64.3	R	BIRCH (AT T)	0.6
64.9	SO	MADRONNA (AT GOV'T WHARF)	1.2
66.1	L	DOWNEY (YES, IT'S UPPEY)	1.7
67.8	R	WEST SAANICH (AT T)	12.9
80.7	R	WALLACE (AT LIGHTS)	5.9
86.6	R	WEST SAANICH (AT T)	1.5
88.1	R	PROSPECT LAKE (AT SAVE-ON GAS)	6.7
94.8	R	MUNN (AT Y--DON'T GO DOWN HILL)	9.2
104.0	L	MILLSTREAM LAKE (STOP)	0.9
104.9	L	MILLSTREAM (STOP)	4.7
109.6	x-x	CONTROL #02: LANGFORD CO-OP GAS(STAFFED)	0.0
109.6	R	TREANOR (@ LIGHTS)	0.7
110.3	L	SETCHFIELD (@ STOP)	0.9
111.2	L	FLORENCE LAKE (@ STOP)	0.8
112.0	R	BROCK	0.1
112.1	L	SPENSER (NO THRU ROAD AHEAD) - CAUTION Construction Construction Construction	0.2
112.3	R	HIGHWAY #1 (TOWARDS DUNCAN) - CAUTION - Rumble strips on shoulder, watch descents	23.1
135.4	R	MILL BAY (TO FERRY)	0.5
135.9	L	MILL BAY (AT STOP)	6.8
142.7	L	DELOUME (AT MALL)	0.2

142.9	R	HIGHWAY #1 (LIGHTS)	7.4
150.3	R	COWICHAN BAY (@ LIGHTS)	8.1
158.4	SO	TZOUHALEM (TENNIS CLUB ON LEFT)	5.0
163.4	SO	TZOUHALEM @ TRAFFIC CIRCLE 2ND EXIT	0.2
163.6	R	JAYNES	1.2
164.8	R	LAKES	4.0
168.8	L	HERD	2.6
171.4	L	NORCROSS RD - NEW ROAD NEW ROAD	2.3
173.7	L	BELL MCKINNON RD	0.5
174.2	SO	CROSS DRINKWATER INTO BC FOREST DISCOVERY PARKING LOT	0.2
174.4	x-x	CONTROL #03: BC FOREST DISCOVERY CNTR (STAFFED) #1@DRINKWATER	0.0
174.4	L	DRINKWATER TO LIGHTS	0.1
174.5	L	HIGHWAY #1 (RETURN TO VICTORIA)	14.2
188.7	R	COBBLE HILL (REST AREA ON LEFT)	2.5
191.2	SO	SHAWNIGAN LAKE (AT HUTCHINSON)	4.5
195.7	L	SHAWNIGAN LAKE (AT LAKE)	2.8
198.5	SO	STOWOOD (UP HILL)	0.7
199.2	SO	E. SHAWNIGAN LAKE	10.6
209.8	R	HIGHWAY #1 - CAUTION - Rumble strips on shoulder, watch descents	12.8
222.6	R	W SHORE PKWY	0.2
222.8	R	AMY RD	0.8
223.6	L	SOOK LAKE RD	0.4
224.0	L	HUMPBACK (AT GOLDSTREAM INN)	1.3
225.3	SO	HUMPBACK (AT BOTTOM OF HILL)	3.0
228.3	R	SOOKE (HWY #14)	14.6
242.9	SO	SOOKE RIVER BRIDGE	0.7
243.6	R	DRENNAN (2ND RIGHT)	0.1
243.7	L	GOLLEDGE (FIRST LEFT)	0.3
244.0	R	CHARTERS (AT STOP)	0.4
244.4	L	THROUP (AT T)	0.5
244.9	R	CHURCH (AT T)	0.7
245.6	L	HELGESON (NO CHOICE)	0.7
246.3	R	OTTER POINT (AT STOP SIGN)	5.2
251.5	SO	SOOKE HISTORIC HOUSE (ON LEFT)	0.2
251.7	L	KEMP LAKE (WATCH FOR THIS)	2.5
254.2	L	WEST COAST (HWY #14)	0.2
254.4	x-x	CONTROL #04: WEST COAST (HWY #14) INFO	3.7
258.1	x-x	CONTROL #05: SOOKE STAFFED	0.0
258.1	SO	SOOKE RD (TOWARDS VICTORIA)	11.6

269.7	R	GILLESPIE (TO EAST SOOKE PARK)	5.5
275.2	L	EAST SOOKE (AT T)	6.7
281.9	L	ROCKY POINT (AT STOP SIGN)	5.3
287.2	R	HAPPY VALLEY	0.5
287.7	L	METCHOSIN	6.6
294.3	SO	METCHOSIN - NOT down to LAGOON	1.7
296.0	R	SOOKE RD (TOWARDS VICTORIA)	2.6
298.6	SO	ISLAND HIGHWAY	2.1
300.7	R	HIGHWAY #1A (TO VIEW ROYAL)	2.6
303.3	SO	CRAIGFLOWER	3.3
306.6	SO	SKINNER	0.6
307.2	X	CROSS BAY (AT LIGHTS)	0.0
307.2	SO	TYEE	0.1
307.3	R	WESTSIDE VILLAGE SHOPPING CENT	0.0
307.3	x-x	FINISH: VICTORIA - STARBUCKS	0.0