

Permanent Brevet #41

Submitted by: Dave MacMurchie March 2009 Revised: January 2011

Nanaimo Country Club 200K

Distance (km-cumulative)	Distance from Last Control	Turn	Route Instruction	Distance (Interval)
0			START: TIM HORTON'S MILL BAY- exit south past video store	0
0.0	0.0	L	DELOUME RD	0.1
0.1	0.1	L	HWY #1 NORTH	0.6
0.7	0.7	L	SHAWNIGAN - MILL BAY RD	5.3
6.0	6.0	L	SHAWNIGAN LAKE RD	2.2
8.2	8.2	R	SHAWNIGAN LAKE RD - not up hill	0.9
9.1	9.1	R	SHAWNIGAN LAKE RD - at Stop	4.7
13.8	13.8	R	W SHAWNIGAN LAKE RD	9.1
22.9	22.9	R	RENFREW RD - at Stop	4.3
27.2	27.2	L	SHAWNIGAN LAKE RD - after RR tracks	7.1
34.3	34.3		CROSS HWY #1	7.8
42.1	42.1	SO	TZOUHALEM RD - at tennis club	5.1
47.2	47.2	R	MAPLE BAY ROAD - at roundabout	6.2
53.4	53.4	L	HERD RD	4.5
57.9	57.9	R	RICHARDS TRAIL - past raptor centre	5.8
63.7	63.7	R	WESTHOLME RD	2.5
66.2	66.2	SO	CHEMAINUS RD - at convenience store	6.4
72.6	72.6	SO	CHEMAINUS RD - at roundabout	0.5
73.1	73.1		Control #1 – Your Choice	9.3
82.4	9.3	R	HWY #1 N	3.0
85.4	12.3	R	FIRST AVE	0.1
85.5	12.4	L	ROCKY CREEK RD	1.9
87.4	14.3	L	LIMBERIS DR	3.5
90.9	17.8	R	CEDAR RD	11.8
102.7	29.6	L	CEDAR RD - to cross bridge	3.0
105.7	32.6	R	HWY #1 N	1.1
106.8	33.7	R	HALIBURTON ST - follow bike route	0.3
107.1	34.0	R	HALIBURTON ST - at Stop	2.7
109.8	36.7	R	MILTON	0.3
110.1	37.0	L	ESPLANADE	0.7
110.8	37.7	R	FRONT ST	1.1
111.9	38.8	CO	COMOX RD - at left bend	0.1
112.0	38.9	R	TERMINAL AVE N	0.3
112.3	39.2	R	STEWART AVE - Hwy #1	2.1
114.4	41.3	L	BRECHIN RD	0.9
115.3	42.2	R	ESTEVAN - at lights	0.1
115.4	42.3	SO	DEPARTURE BAY RD - at Stop	0.4
115.8	42.7	L	MONTROSE AVE - at lights	0.3
116.1	43.0	R	HIGHLAND BLVD	1.2
117.3	44.2	SO	HWY #1 NORTH	0.9
118.2	45.1	R	ROCK CITY RD	0.2

118.4	45.3	L	GLEN EAGLE CR	0.3
118.7	45.6	R	COUNTRY CLUB DR	0.3
119.0	45.9	L	WASSEL WAY	0.1
119.1	46.0	L	DEPARTURE BAY RD	0.0
119.1	46.0	L	Control #2 Your Choice	0.2
119.3	0.2	L	NORWELL DR	0.2
119.5	0.4	L	CROSS HWY #1 TO E&N TRAIL SOUTH	2.6
122.1	3.0	SO	NORTHFIELD RD - DANGEROUS crossing	1.7
123.8	4.7	SO	ST GEORGE STREET	0.5
124.3	5.2	L	HOLLY AVE	0.5
124.8	5.7	R	BRADLEY ST	0.3
125.1	6.0	L	WALL ST	0.2
125.3	6.2	SO	MACHLEARY ST	0.6
125.9	6.8	L	WENTWORTH ST	0.2
126.1	7.0	R	MILTON ST	1.3
127.4	8.3	R	VICTORIA RD	2.9
130.3	11.2	L	TO HWY #1 S	2.6
132.9	13.8	R	DUKE POINT EXIT	0.6
133.5	14.4	R	BIKE PATH - down to Hwy #1	0.3
133.8	14.7	R	HWY #1 S	1.0
134.8	15.7	R	MINETOWN RD	0.0
134.8	15.7	L	S WELLINGTON RD	3.4
138.2	19.1	R	HWY #1 S	10.1
148.3	29.2	R	1ST AVE	0.2
148.5	29.4	L	Control #3 Your Choice	1.1
149.6	1.1	SO	DOGWOOD DR	0.1
149.7	1.2	L	BAYVIEW AVE	0.7
150.4	1.9	SO	DOWN BIKE PATH - toward highway	0.6
151.0	2.5	SO	HWY #1 SOUTH	2.7
153.7	5.2	R	WESTDOWNE RD	1.1
154.8	6.3	R	HWY #1 S	5.5
160.3	11.8	R	SMILEY RD	0.8
161.1	12.6	SO	SMILEY RD - at Stop	0.4
161.5	13.0	R	HWY #1 S	7.1
168.6	20.1	R	SOMENOS RD	4.7
173.3	24.8	SO	SOMENOS RD - cross Cowichan Hwy	2.5
175.8	27.3	SO	COWICHAN LAKE RD - at roundabout	1.7
177.5	29.0	SO	GOVERNMENT ST	1.3
178.8	30.3	R	ALLENBY RD - at lights	0.7
179.5	31.0	L	ALLENBY RD - after bridge	1.4
180.9	32.4	R	KOKSILAH RD	5.3
186.2	37.7	SO	CAUTION: STEEP DESCENT, NARROW BRIDGE	3.0
189.2	40.7	SO	KOKSILAH RD - cross Hwy #1	1.1
190.3	41.8	R	TELEGRAPH RD	0.8
191.1	42.6	SO	TELEGRAPH RD - at Stop	8.8
199.9	51.4	R	KILMALU RD	0.5
200.4	51.9	L	HWY #1 SOUTH	1.4
201.8	53.3	R	DELOUME RD	0.1
201.9	53.4		FINISH - Tim Horton's – Congratulations!!	0.0

R-right L-left BR-bear right BL-bear left SO-straight CO-continue on T-turn around